

CMAC SL / Carving Camp

This camp is open to J3 racers (as of 2008-2009 ski season) and older.

If space is available on June 10th, J4 racers will be allowed to attend.

Camp Location	Mt. Hood, Oregon
Camp Dates	Monday, July 14, 2008 - Friday, July 18, 2008 (ski dates) <ul style="list-style-type: none"> • July 13 - Team Meeting at 8:15PM in the Huckleberry • July 14 - Carving, Edging, and Balance Skills • July 15 - Carving with Brushes/Stubby Gates • July 16 - SL Courses and Stubby Gates • July 17 - Full Slalom Gate Training • July 18 - Full Slalom Gate Training
Camp Costs	\$950 (includes lodging, food and transportation)** <ul style="list-style-type: none"> • \$450 Deposit due immediately to reserve spot. • \$500 Balance due July 1st
Forms Required	Code of Conduct, Medical Release, and Timberline Release
Send Deposit & Forms	CMAC (make checks payable to CMAC) PO Box 52768 Bellevue, Washington 98015-2768
Questions??	Alan Lauba, CMAC Director Phone: 425-890-9812 // E-mail: cmacski@aol.com
Arrival Date/Time On Your Own	Please plan to arrive between 6-8:00PM July 13 th Huckleberry Inn Government Camp, Oregon 503-272-3325
Depart Date/Time On Your Own	Leave Mt. Hood 1:00PM July 18 th after skiing
Camp Includes	<ul style="list-style-type: none"> ✓ Lift Tickets ✓ Coaching ✓ Video Analysis ✓ Dry Land Training (July 14-July 17) ✓ Transportation** (To/From lodging to Hood & To/From Dry Land) ✓ Lodging** ✓ Food**
Daily Schedule	<ul style="list-style-type: none"> ✓ 6:40AM - Meet at Lodge to pick up lift ticket ✓ 7:00AM - Load lifts - warm up / drill training ✓ 9:45AM - Juice Break on hill ✓ 10:00AM - Training ✓ NOON - Training ENDS ✓ 12:30PM - Lunch ✓ 2-3:00PM - Demo Shops ✓ 3:30PM - Dry Land Training (July 14-July 17) ✓ 7:30PM - Video at Huckleberry
Dry Land Activities (July 14-July 17)	Please be prepared for dry land activities in the afternoon hours, which include Ultimate Frisbee, Soccer, Swimming, Physical Training.
Staff	To include one or more of our CMAC US Ski Team Members
**If you wish to arrange lodging, food and transportation on your own, camp cost will be	